



Updated October 2009



## **The Ladera Resort, Saint Lucia**

### **LOCATION**

Ladera is located on the southern end of Saint Lucia, just outside the port town of Soufrière, approximately 40 minutes from Hewanorra International Airport. It sits on a forested ridge at 1,100 feet overlooking the volcanic Piton Mountains and the Caribbean Sea.



### **BACKGROUND**

Ladera opened in November 1992 and has since been distinguished by a wide range of international publications, awards and accolades from *Condé Nast Traveler*, *Travel + Leisure*, *Forbes Life*, *Caribbean Travel and Life*, *Brides Magazine* and countless others.

Ladera was once part of Rabot Estate, one of Soufrière's oldest plantations, which still borders the resort. In the late 1960's a parcel of land was sold and developed into a small cluster of condominiums and christened Dasheene, named after the thousands of large, glossy-leaved dasheen plants (also known as elephant ears) harvested on the site. In 1982 it was transformed into a unique resort and changed hands a number of times before emerging as Ladera under the current private ownership. The mission has always been to offer an unparalleled guest experience that is quintessentially Saint Lucian, one that embraces the magnificent views and offers harmony with the surrounding natural beauty and rich bounty of the island. Today, that commitment to sumptuous

authenticity is evident in everything from the innovative renderings of fresh local dishes at Dasheene restaurant, to the use of Caribbean timbers, stone and tile work used in the guestrooms and public areas. Yet it shines through most effectively with warm and welcoming Saint Lucian staff.

## **DESIGN**



Perched above the port town of Soufrière, Ladera is a romantic and exclusive hideaway, featuring nine villas and 23 suites. What sets Ladera apart is that each guest suite was intentionally built without a fourth wall, allowing astounding views of the island's two volcanic Piton peaks and azure coastline below. Yet the suites were cleverly designed to remain sheltered, safe, and completely private. Interiors are furnished with polished woods. The open wall in all suites and villas leads to a private plunge pool and lush tropical landscaping. Each villa and suite embraces

the panoramic views and island ambiance through tropical design and the ultimate in open-air living.

## **SPA**

The *Ti Kai Posé Spa* at Ladera provides guests with an array of relaxing wellness treatments in an intimate setting. The list of special treatments is inspired by Saint Lucia's volcanic history and the lush rainforest that surrounds this unique retreat. In local patois, *Ti Kai Posé* means "little house of rest."

Ladera recently introduced warm Mineral Pools adjacent to Ti Kaye Posé Spa. Drawn directly from the source at the Diamond Mineral Baths near Soufrière (French for sulfur), Ladera guests can now soak in the restorative waters in quiet garden setting right on property, often taken as pre- or post-massage relaxation, or simply to relax after a day hiking or spent at the beach. The original Diamond Mineral Baths date back to 1785, just before the French revolution when they were built with funds from King Louis XVI. It is rumored that Napoleon's Empress Josephine bathed in these same waters. Ladera's Mineral Pools are complimentary for guests.



## **VILLAS AND SUITES**

The nine villas and 23 suites, each with a private plunge pool, overlooking the famous Piton Mountains, a UNESCO World heritage site, the Caribbean Sea and the Soufrière valley. Ladera is know for its distinctive eco-lodge architecture, built with Caribbean timbers and modeled on luxury tree-house living, and a relaxed, barefoot lifestyle. Villas and suites were intentionally



built without a fourth wall, yet are designed to be sheltered, safe, and completely private. The design affords spectacular sunset views and unobstructed star gazing at night.

### **DREAM SUITES**

Six luxurious, open-air Dream Suites compliment the villas and Piton Suites. Introduced last year, the Dream Suites are larger, have two levels of living space, they also feature the famously unobstructed views and are designed in Ladera's elegant tropical architecture, using polished hard woods, crisp white linens and colorful tile and stone work by local artisans. A private deck and a spiral staircase lead to a private plunge pool.



### **DESTINATION WEDDINGS**

In December 2009, Ladera will unveil its new Paradise Pavilion, a dramatic open-air destination wedding venue destined to become the Caribbean's pre-eminent setting for ceremonies and receptions of up to 100 attending guests, and 80 guests overnight for those preferring to reserve the entire resort. The newly constructed Pavilion is located along Ladera's extraordinary rainforest ridge, on previously undeveloped land adjacent to the hotel. Architecturally, the 1,200 square-foot Pavilion is a showpiece venue featuring the same renowned open-air design concept found throughout the resort with the famously unending panoramic views. The Pavilion is crafted in Ladera's signature rainforest style, with terracotta flooring, columns milled and richly polished from tropical greenheart wood, as well as cut stone and tile work crafted by local Saint Lucian masons.



### **GIFT REGISTRY**

Ladera has also introduced a new online [Gift Registry](#) on Ladera.com, allowing couples celebrating their wedding, anniversary or any special occasion to create a "Wish List" of services, dining, spa treatments and sightseeing excursions during their stay. Resort credits may also be purchased in advance and can be applied to any services at Ladera.

For reservations and information, go to [www.ladera.com](http://www.ladera.com). Guests may contact a Ladera wedding planner toll free at 866-290-0978, or by sending an email to [weddings@ladera.com](mailto:weddings@ladera.com).

### **DINING**

**Dasheene Restaurant** and the **T'cholit Bar** (pronounced *Choleet*) offer some of the best dining in the Caribbean and by far the best views. The open-air dining room features breathtaking vistas of the rainforest, the dramatic Piton peaks and the Caribbean Sea below. Dasheene's elegant decor uses natural fabrics and woods to complement the birds-eye view of



the island from the 1,100-ft. ridge in southern Saint Lucia. The menu features innovative interpretations of Saint Lucian and Caribbean specialties, based on local produce, fresh fish and colorful presentations.



In response to an increasing number of requests for fresh and more health-conscious entrees, **Executive Chef Orlando Satchell** has created a new menu, lighter in fare yet based on the same fresh, local ingredients and West Indian favorites

Breakfast (for hotel guests only), 7:00 a.m. – 10:00 a.m.

Lunch, 11:30 a.m. – 2:30 p.m.

Dinner, 6:30 p.m. – 9:30 p.m.

Sunday Brunch, 11:30 a.m. to 2:30 p.m.

Daily Afternoon Tea (for hotel guests only) 3:30 p.m. to 5:30 p.m.

Room service is available from 11:00 a.m. to 5:00 p.m. daily. Guests from other parts of the island are always welcome for lunch and dinner.

Dinner Reservations are required.

Restaurant attire is casual yet elegant, gentlemen are requested to wear long pants and collared shirts. Jackets are not required. No shorts, tank tops, or beach footwear is permitted in the evening. In-room dining is available for breakfast, lunch and dinner. Breakfast and Afternoon Tea are complimentary for registered guests. Entertainment is available five nights a week from 8:00 p.m. to 11:00 p.m.

## AMENITIES

### Swimming Pool

- The main pool and deck area are located below the restaurant and bar overlooking the Pitons and Caribbean Sea
- Dasheene restaurant's full menu is available poolside
- The infinity pool was used in the filming of "Superman II", was the first of its kind in the Caribbean



### Recreation

Ladera is pleased to arrange a variety of activities for guests, including:

- Island tours
- Hiking/rainforest walks with local guides
- Bird watching
- Jeep or car rentals (driving is on the left side of the road)
- Day trips to the city of Castries
- Helicopter tours
- Scuba diving, snorkel trips, sailboat and fishing charters



- Horseback riding
- Golf, a nine-hole and 18-hole course is available in Castries (One hour and half drive from the resort.)
- Climbing the Pitons

### **IMPORTANT INFORMATION**

1. Attached are our room descriptions. A map of the property is online at <http://www.ladera.com/media/MapofLadera2-20089.pdf#2-20089.pdf>  
There is a link to it on the Guest Rooms page.
2. Our press kit is on line at <http://www.ladera.com/press-kit.html> and contains the
  - Fact Sheet
  - History of Ladera
  - Dasheene Restaurant
  - Ti Kai Pose Spa
3. Our photo library is also online at <http://www.ladera.com/presskit.php> . All photos are available in both Jpeg and Tiff. You will need a graphic editor to download the Tiff files.

### **Complimentary Services**

- Shuttle to and from nearby beaches
- Saturday morning Soufrière market tour followed by a cooking class with recipes
- New fitness center with cardio and strength training machines
- WiFi in all guest rooms
- Satellite TV for special event viewing
- A fully stocked library is located at the main bar
- Board games
- Boutique with a wide range of items from tropical clothing and magazines, drugstore items and much more
- Snorkel gear and beach towels supplied at the hotel
- Daily breakfast
- Daily Afternoon Tea service
- Portable DVD players available for in-room movie viewing



### **Accommodations**

- A selection of specialty pillows available on Ladera's Dream Pillow menu
- Shake Awake silent alarm clock
- Children aged 10 years and up are welcome year round, children aged 5 years and up are welcome during the December holiday season

**Housekeeping**

- Daily housekeeping service
- Nightly turndown service

**Electricity**

- 220 volts, 50 cycles (square, three-prong plug)
- Adapters and transformers available for guests

**Telephone/Internet**

- Rooms are not furnished with telephones, however a private phone room is located at reception
- A two-way “FireFly” radio system allows guests to communicate with reception and the restaurant for in-room dining or other requests
- Complimentary WiFi is available in the rooms and public areas
- A guest computer is also available

**RATES/ PACKAGES**

See rate sheet and Ladera.com for seasonal rates and current specials.

**ABOUT SAINT LUCIA**

- Size: 27 miles long by 14 miles wide (238 square miles)
- Population: 160,000
- Status: Independent Member of British Commonwealth
- Language: Officially English, but many speak French Patois
- Currency: Eastern Caribbean Dollars 1 US\$ = 2.67 EC\$ (US Dollars are accepted)
- Average Temperature: 83-87 degrees Fahrenheit

**POINTS OF INTEREST NEAR LADERA**

- Piton Mountains, World Heritage designated, 3000-foot volcanic peaks that rise vertically out of the sea
- Diamond Waterfall and Botanical Gardens
- Sulphur Springs, the world’s only “drive-in” volcano
- Louis XVI Mineral Baths
- Tropical rain forest
- Historic military ruins and museum at Pigeon Island

**TRAVELING TO SAINT LUCIA**

Travelers returning to the U.S. from the Caribbean are required to hold valid passports. All visitors must have a return or ongoing ticket. Airport departure tax is \$21 U.S. dollars. Hewanorra International Airport (UVF) in the south, services international flights. GFL Charles Airport in the north is used for inter-island flights.

From the United States: There is service to Saint Lucia from most U.S. gateways via Delta Air Lines, American Airlines, BWIA and US Airways. JetBlue begins non-stop service from JFK to

UVF in October 2009. Flying time is three and half hours from Miami, four hours from Atlanta, and five hours from New York.

From London: British Airways, BWIA, and Virgin Atlantic.

From Canada: Air Jamaica, Air Canada, WestJet, BWIA and American Airlines.

From Paris: Air France to Martinique, then LIAT.

## **CONTACT DETAILS**

### **General Manager**

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